



HKSSF

**All Hong Kong Schools Jing
Ying Athletics (Team)
Tournament
2024-2025**





5CH

LAI PAK LONG 黎栢朗

Boys A 1500m

4:15.99

**Entry the competition via
Wild Card Scheme
透過外卡計劃參加精英賽**

**10/3 Mon 11:10am
啟德青年運動場**



1500m

https://drive.google.com/file/d/1wL6YO6q84HHMwZaK6kID-AwXm9hs_0LE/view?usp=sharing



5CH 黎栢朗
LAI PAK LONG
Boys 1500m
4:14.75 (New record!!)
1st Runner-up





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6CH

LI HOI WA 李凱華

Boys A Javelin

50.36m

**Entry the competition via
Wild Card Scheme
透過外卡計劃參加精英賽**

**12/3 Wed 9:30am
啟德青年運動場**



